

# CROSS and PERFECT Trials

## Preliminary Results

Jung-Min Ahn, MD.

Cardiac Institute, University of Ulsan College of Medicine  
Asan Medical Center, Seoul, Korea

# Current RCTs for Bifurcation Lesions

## Evaluation of Optimal Stenting Technique

### **Trials**

### **Comparison**

**NORDIC 1**

**Simple vs. Complex**

**NORDIC 2**

**Crush vs. Culotte**

**NORDIC 3**

**Kissing balloon vs. leave alone**

**BBC**

**Simple vs. Complex**

**CACTUS**

**Provisional T vs. Crush**

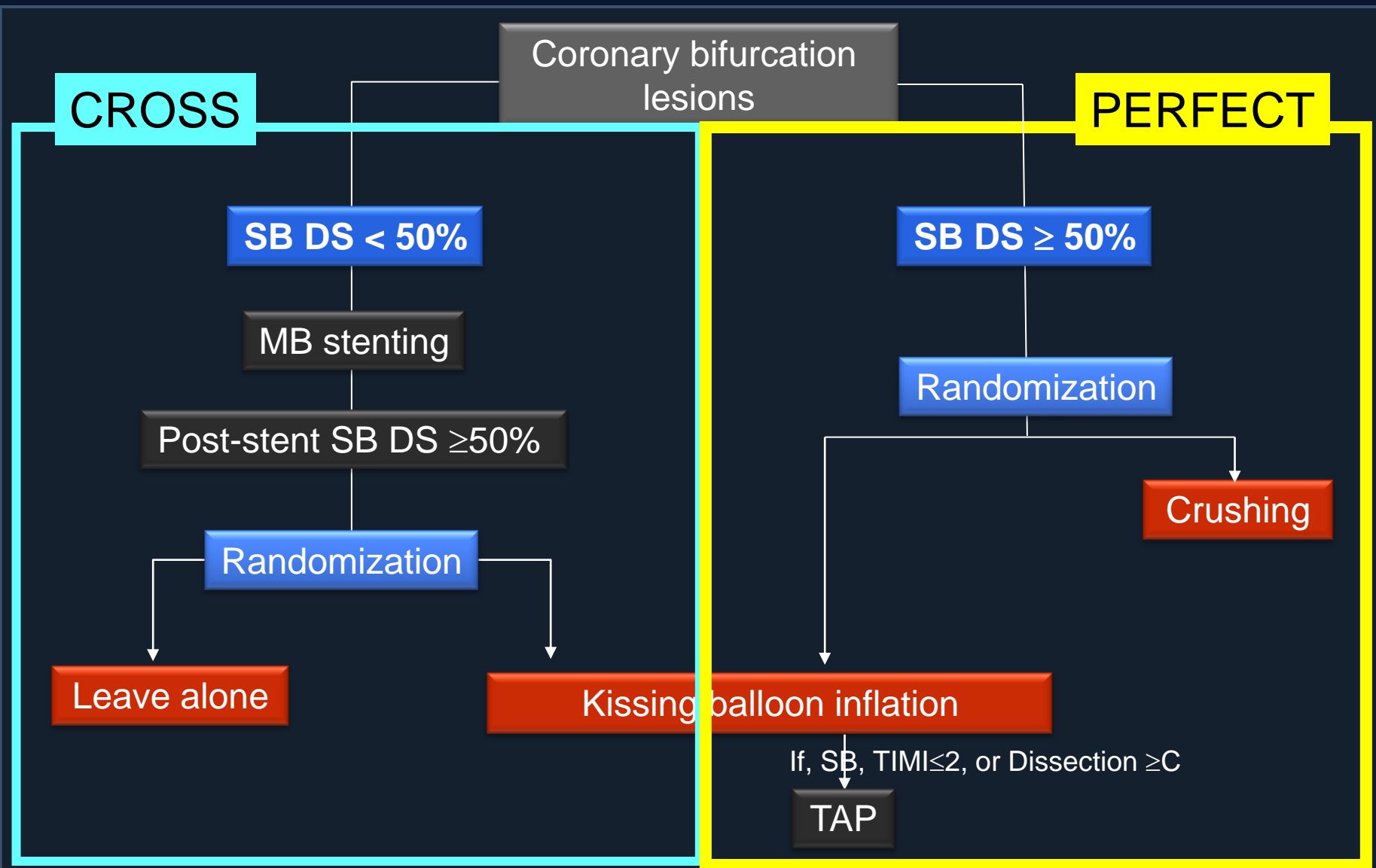
# Lessons From Trials

- No difference in the rate of death, spontaneous MI, and repeat revascularization rate
  - Superiority of simple stenting in the rate of periprocedural MI
  - Fewer stents in simple stenting
- BUT**, limited by selected inclusion, heterogeneous bifurcations, different procedures, and angiography-guidance

# Purposes of Trials

- To evaluate the outcomes of different stenting strategies for bifurcation lesions under the guidance of IVUS
- To understand the mechanism of acute and chronic compromise of side branch (SB) after bifurcation stenting with use of IVUS and FFR

# CROSS & PERFECT Trials



# Administration and Sites

## Sites

Asan Medical Center  
Aju University Hospital  
Busan Saint Mary's Hospital  
Busan University Hospital  
Catholic University, Kangnam St. Mary's Hospital  
Chungju Saint Mary's Hospital  
Chungnam National University Hospital  
Hallym University Sacred Heart Hospital  
Kangwon University Hospital  
Korea Veterans Hospital  
Kyungsang University Hospital  
Soonchunhyang University Seoul Hospital  
Soonchunhyang University Bucheon Hospital  
Soonchunhyang University Cheonan Hospital  
Ulsan University Hospital

## Principle investigator

Seung-Jung Park, MD

## Sponsor

KSCVI, CVRF

## Angiographic core lab

CVRF

## IVUS core lab

CVRF

## Data management

CVRF

## Clinical Event Committee

CVRF

Choice of optimal strategy for bifurcation lesions  
with normal side branch

# CROSS Trial

## Bifurcations without SB Stenosis



# Inclusion Criteria

## 1. Clinical

- Ischemic symptom or sign
- Eligible lesion for intracoronary stenting
- Age >18 years, <75 ages

## 2. Angiographic

- De novo bifurcation with the MEDINA classification type 1.1.0, 1.0.0, or 0.1.0
- **MB:**  $\geq 2.5$  mm,  $\geq 50\%$  stenosis,  $\leq 50$  mm length covered with  $\leq 2$  stents
- **SB:**  $\geq 2.0$  mm,  $< 50\%$  stenosis



# Exclusion Criteria

- Serious comorbidity
- STEMI  $\leq$  2 weeks
- Left main disease
- In-stent restenosis
- Graft vessels
- TIMI flow  $\leq$  grade 2 in the side branch
- Chronic total occlusion
- Renal dysfunction, creatinine  $\geq$  2.0mg/dL

Bifurcation without SB stenosis by angiography

Any DES  
(N=600)

After MV stenting

SB DS  $\geq$  50% & TIMI 3 flow

Randomization

• Stratified by sites

TIMI  $\leq$  2 flow

Registry

1. Treatment at the operator's discretion

SB DS < 50% & TIMI 3 flow

Registry

1. IVUS exam in MV  
2. FFR in SB (selected sites)

Kissing balloon group  
(N=150)

1. FFR in SB before kissing balloon  
2. Rewire into SB  
3. Kissing balloon inflation

Leave it alone group  
(N=150)

1. IVUS exam in MV  
2. FFR in SB (selected sites)

SB DS < 70% & TIMI 3  
Dissection none or  $\leq$  class B

1. IVUS in MV  
2. FFR in SB (selected sites)

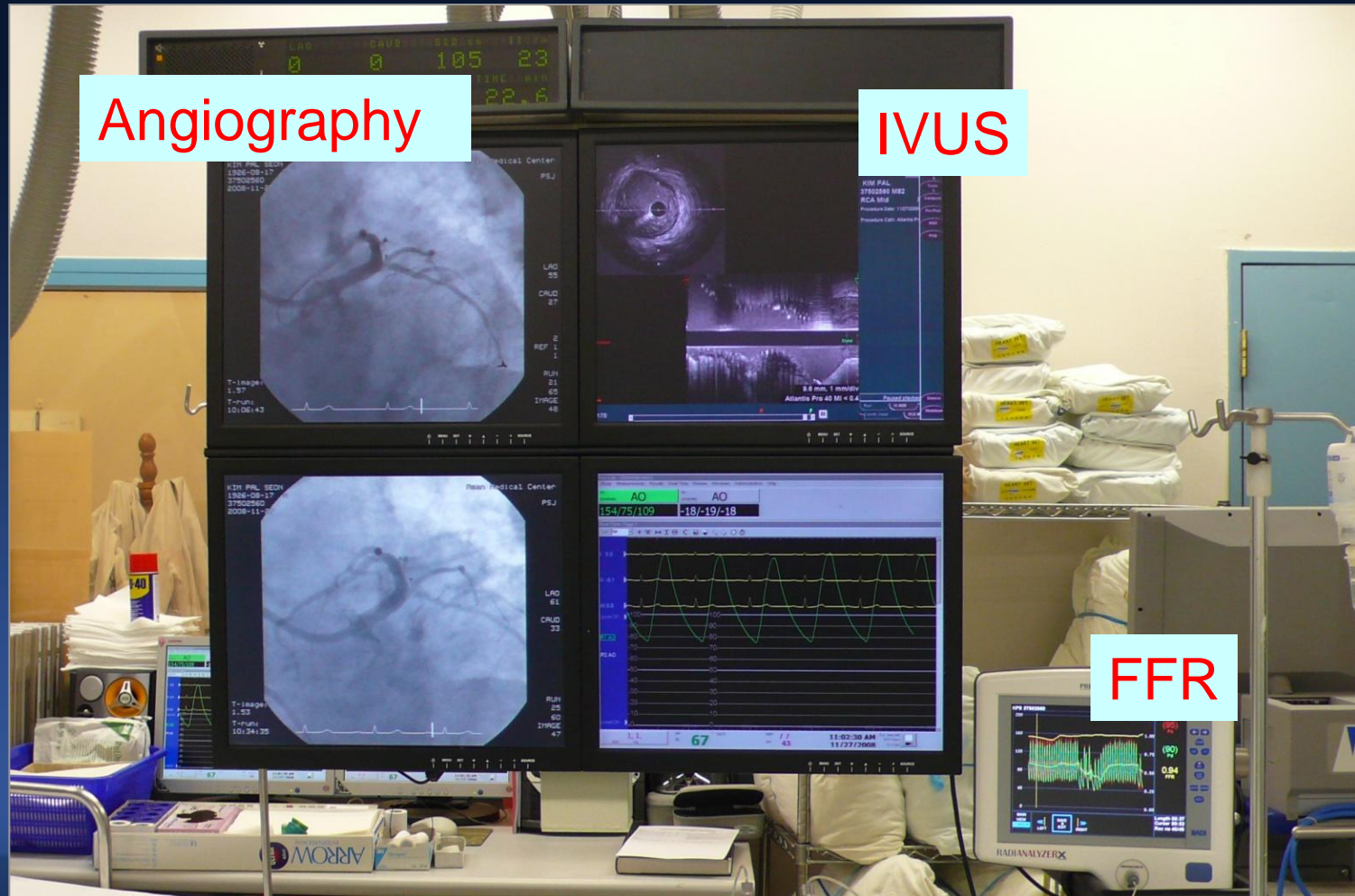
SB DS  $\geq$  70% or TIMI  $\leq$  2 or  
Dissection  $\geq$  class C

1. FFR in SB (selected sites)  
2. Provisional T stenting in SB \*  
3. IVUS in both branches

\* The decision can not be influenced by the value of FFR.

# Evaluation of IVUS & FFR

*to assess the mechanisms of phenomena occurring in bifurcations after stenting*



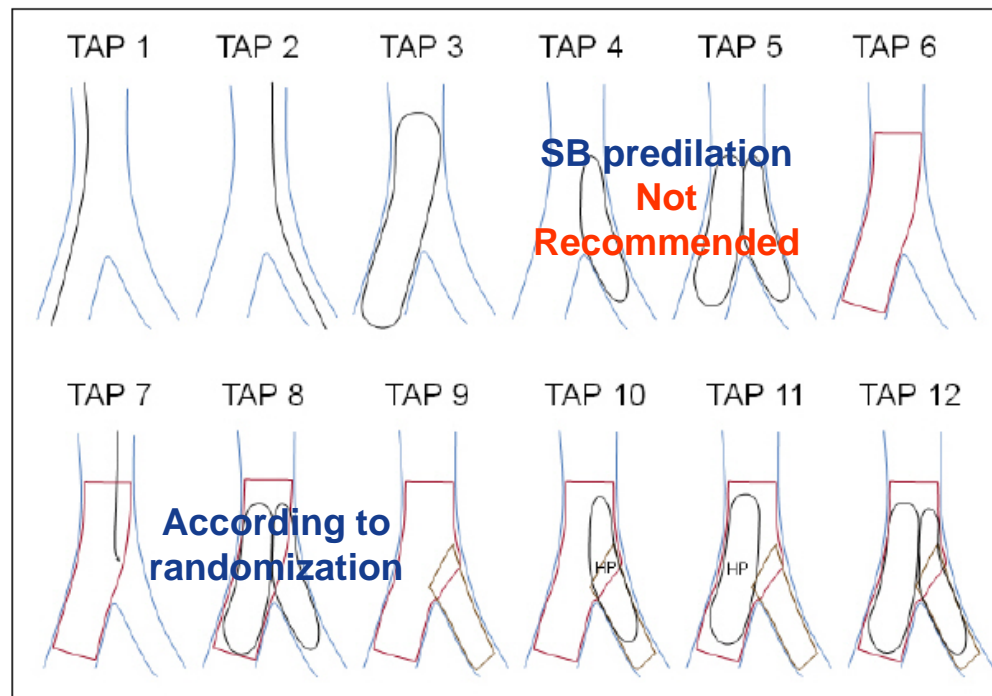
# Procedures

## Single Stent (Provisional T)



### Angiographic & Procedural Provisional T Stenting

Sequence	Procedure	Performance	Sequence	Procedure	Performance
TAP 1 *	MB wiring	<input type="radio"/> Done <input type="radio"/> ND	TAP 7 *	SB rewiring after MB stenting	<input type="radio"/> Done <input type="radio"/> ND
TAP 2 *	SB wiring	<input type="radio"/> Done <input type="radio"/> ND	TAP 8 *	Kissing after MB stenting	<input type="radio"/> Done <input type="radio"/> ND
TAP 3 *	MB predilation	<input type="radio"/> Done <input type="radio"/> ND	TAP 9 *	SB stenting	<input type="radio"/> Done <input type="radio"/> ND
TAP 4 *	SB predilation	<input type="radio"/> Done <input type="radio"/> ND	TAP10 *	SB balloon dilatation	<input type="radio"/> Done <input type="radio"/> ND
TAP 5 *	Kissing predilation	<input type="radio"/> Done <input type="radio"/> ND	TAP 11 *	MB balloon dilatation	<input type="radio"/> Done <input type="radio"/> ND
TAP 6 *	MB stenting	<input type="radio"/> Done <input type="radio"/> ND	TAP12 *	Final kissing	<input type="radio"/> Done <input type="radio"/> ND



# CROSS Trial Study Design

- **Primary end points**
  - 8-month diameter stenosis in SB
- **Hypothesis: non-inferiority**
  - $H_a$  : Leave alone  $\geq$  Kissing balloon

# Optimal Stenting Strategy For True Bifurcation

## PERFECT Trial

### Bifurcations with SB Stenosis



# PERFECT Trial Study Design

- **Primary end point**
  - 8-month overall angiographic restenosis rate
  
- **Hypothesis : superiority**
  - $H_a$  : Provisional T  $\geq$  Crush technique

# Inclusion Criteria

## 1. Clinical

- Ischemic symptom or sign
- Eligible lesion for intracoronary stenting
- Age >18 years, <75 ages

## 2. Angiographic

- De novo bifurcation with the MEDINA classification type 1.1.1, 1.0.1, or 0.1.1
- **MB:**  $\geq 2.5$  mm,  $\geq 50\%$  stenosis,  $\leq 50$  mm length covered with  $\leq 2$  stents
- **SB:**  $\geq 2.0$  mm,  $\geq 50\%$  stenosis,  $\leq 30$  mm length covered with 1 stent



# PERFECT Trial

True bifurcation by angiography

Wire insertion into both branches

Randomization with any DES

Crush group  
(N=240)

Provisional T stenting group  
(N=240)

1. Preprocedural IVUS in both branches
2. Predilation in the MV and SB
3. SB stenting while keeping MB stent
4. Removal of SB stent and wire
5. MV stenting
6. Rewire into the SB stent
7. Sequential high pressure balloon dilatation in both in-stent areas
8. Kissing balloon inflation
9. Postprocedural IVUS in both branches

Crossover to crush  
Serious dissection necessitating urgent stenting in SB after predilation\*

1. Preprocedural IVUS in both branches
2. Predilation in the MV
3. MV stenting while keeping jailed wire in the SB
4. Rewire into the SB
5. Kissing balloon inflation with low pressure at SB

**Indication of SB Stenting**

**Angiography at SB**

1. • TIMI  $\leq$  2 flow or  
• DS  $\geq$  70% or  
• Dissection  $\geq$  NHLBI class C

4. Kissing balloon inflation
5. Postprocedural IVUS in both branches

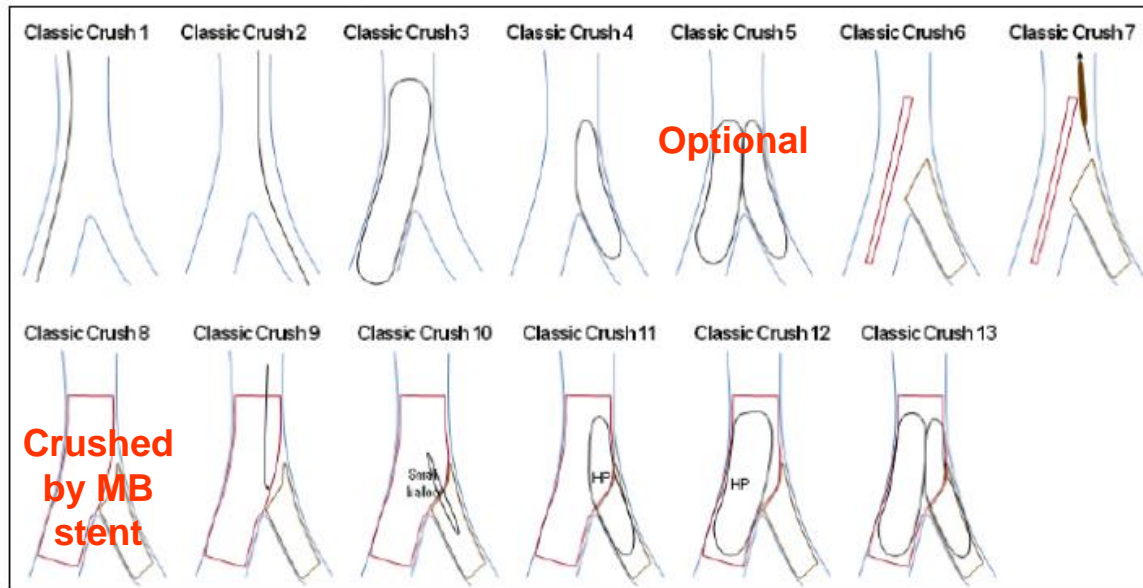
\* Predilation in SB is strongly discouraged.

# Procedures

## Crush: Classic Stent Crushing



Sequence	Procedure	Performance	Sequence	Procedure	Performance
Classic Crush 1 *	MB wiring	<input type="radio"/> Done <input type="radio"/> ND	Classic Crush 8 *	MB stenting (Crush SB stent)	<input type="radio"/> Done <input type="radio"/> ND
Classic Crush 2 *	SB wiring	<input type="radio"/> Done <input type="radio"/> ND	Classic Crush 9 *	SB rewiring	<input type="radio"/> Done <input type="radio"/> ND
Classic Crush 3 *	MB predilation	<input type="radio"/> Done <input type="radio"/> ND	Classic Crush 10 *	SB ballooning by small balloon	<input type="radio"/> Done <input type="radio"/> ND
Classic Crush 4 *	SB predilation	<input type="radio"/> Done <input type="radio"/> ND	Classic Crush 11 *	SB high pressure dilatation	<input type="radio"/> Done <input type="radio"/> ND
Classic Crush 5 *	Kissing predilation	<input type="radio"/> Done <input type="radio"/> ND	Classic Crush 12 *	MB high pressure dilatation	<input type="radio"/> Done <input type="radio"/> ND
Classic Crush 6 *	SB stenting (MB stent backup)	<input type="radio"/> Done <input type="radio"/> ND	Classic Crush 13 *	Final kissing dilatation	<input type="radio"/> Done <input type="radio"/> ND
Classic Crush 7 *	SB balloon and wire retrieval	<input type="radio"/> Done <input type="radio"/> ND			

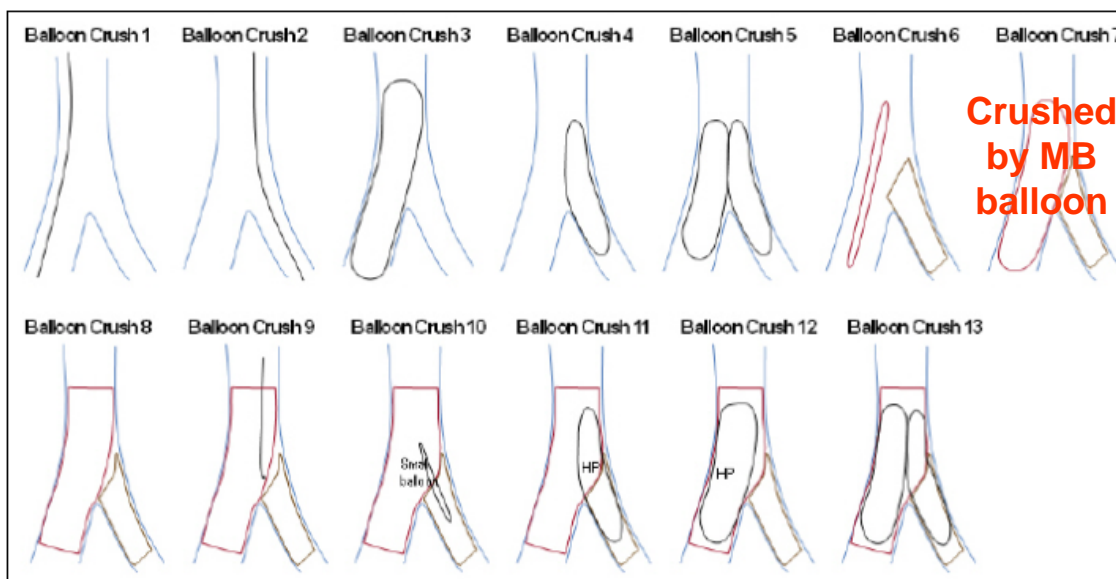


# Procedures

## Crush: Balloon Crushing



Sequence	Procedure	Performance	Sequence	Procedure	Performance
Balloon Crush 1 *	MB wiring	<input type="radio"/> Done <input type="radio"/> ND	Balloon Crush 8 *	MB stenting	<input type="radio"/> Done <input type="radio"/> ND
Balloon Crush 2 *	SB wiring	<input type="radio"/> Done <input type="radio"/> ND	Balloon Crush 9 *	SB rewiring	<input type="radio"/> Done <input type="radio"/> ND
Balloon Crush 3 *	MB predilation	<input type="radio"/> Done <input type="radio"/> ND	Balloon Crush 10 *	SB ballooning by small balloon	<input type="radio"/> Done <input type="radio"/> ND
Balloon Crush 4 *	SB predilation	<input type="radio"/> Done <input type="radio"/> ND	Balloon Crush 11 *	SB high pressure dilatation	<input type="radio"/> Done <input type="radio"/> ND
Balloon crush 5 *	Kissing predilation	<input type="radio"/> Done <input type="radio"/> ND	Balloon Crush 12 *	MB high pressure dilatation	<input type="radio"/> Done <input type="radio"/> ND
Balloon Crush 6 *	SB stenting (MB stent backup)	<input type="radio"/> Done <input type="radio"/> ND	Balloon Crush 13 *	Final kissing dilatation	<input type="radio"/> Done <input type="radio"/> ND
Balloon Crush 7 *	Crush SB stent by MB balloon	<input type="radio"/> Done <input type="radio"/> ND			



# Power Calculation

## CROSS

- Non-inferiority design
- $H_a$  : no kissing < kissing
- Assumed FU diameter stenosis: 45% in kissing
- $\delta$ : relative 30% (absolute 15%)
- Alpha: 0.05 one-sided
- Power: 90%
- Drop out rate : 0.2
- Sample in random group: 360
- Overall cohort: 600

## PERFECT

- Superiority design
- $H_a$  : Crush  $\leq$  1-stent
- Assumed FU restenosis: Crushing, 11%; 1-stent, 23%
- Alpha: 0.05 two-sided
- Power : 90%
- Drop out rate : 0.15
- Overall cohort: 240

# Enrollment

- Since 2009
- Targeted final enrollment date: end of 2010
- Early termination of enrollment on DEC 2012
  - Slow enrollment
  - Cumulative evidence supporting 1-stent over 2-stent
  - Improvement of outcomes with the development of new DES
  - Over 80% of targeted population

# Coronary Bifurcation Lesions N=923

SB stenosis  
< 50%

SB stenosis  
≥ 50%

After 2 wire placement

**CROSS**  
N=504

**PERFECT**  
N=419

- SB < 50% OR
- TIMI ≤ 2

SB ≥ 50%

After MB stenting

**Registry**  
N=197

**Kissing**  
N=152  
Planned N=180

**No Kissing**  
N=155  
Planned N=180

**1-stent**  
N=206  
Planned N=240

**Crush**  
N=213  
Planned N=240

**6-Month FU**  
Enrolled N=130  
Analyzable N=121

**6-Month FU**  
Enrolled N=133  
Analyzable N=124

**6-Month FU**  
Enrolled N=180  
Analyzable N=177

**6-Month FU**  
Enrolled N=189  
Analyzable N=186

# Preliminary Results in Intention-to-Treat Principle

## Baseline Characteristics

	CROSS			PERFECT		
	Kissing (N=121)	No Kissing (N=124)	p	Single (N=177)	Crush (N=186)	p
Age, yrs	60.6 ± 9.3	61.4 ± 7.4	0.46	60.5 ± 8.9	60.7 ± 9.0	0.88
Male	70.2	64.5	0.34	73.4	74.7	0.78
Diabetics	30.6	30.6	0.99	25.4	25.8	0.93
Smoking	33.1	22.6	0.067	33.9	26.9	0.15
Hyperlipidemia	48.8	47.6	0.85	59.9	65.1	0.31
Hypertension	56.2	57.3	0.87	56.5	55.9	0.91
Family history	7.4	14.5	0.077	14.7	15.6	0.81
Prior PCI	5.8	9.7	0.26	6.2	8.6	0.39
Prior MI	1.7	4.8	0.28	5.1	4.3	0.72
Renal failure	1.7	0	0.24	1.1	0	0.24
LV EF, %	61.0 ± 7.0	62.4 ± 5.6	0.11	59.3 ± 7.4	60.4 ± 7.0	0.19
Sinus rhythm	95.9	96.8	0.75	96.0	98.4	0.21

# Preliminary Results in Intention-to-Treat Principle

## Baseline Characteristics

	CROSS			PERFECT		
	Kissing (N=121)	No Kissing (N=124)	p	Single (N=177)	Crush (N=186)	p
Presentation			0.35			0.89
SA	38.0	37.9		50.3	52.2	
UA	43.8	39.5		31.6	32.8	
NSTEMI	5.8	4.0		5.1	2.7	
Disease extent			0.059			0.65
1 VD	61.2	51.6		52.5	50.5	
2 VD	28.1	41.9		32.8	31.2	
3 VD	10.7	6.5		14.7	18.3	



# Preliminary Results in Intention-to-Treat Principle

## Lesion Characteristics

	CROSS		p	PERFECT		p
	Kissing (N=121)	No Kissing (N=124)		Single (N=177)	Crush (N=186)	
Site			0.95			0.78
LAD	90.1	88.7		90.4	92.5	
LCX	6.6	8.1		7.9	5.4	
RCA	3.3	3.2		0.6	1.1	
MEDINA *			0.4			0.002
1: 0: 0	4.1	8.1		0	0.5	
0: 1: 0	14.0	8.9		0	0	
1: 1: 0	55.4	63.7		5.6	0	
1: 1: 1	19.8	13.7		85.3	93.0	
0: 0: 1	0.8	0		0	0	
1: 0: 1	2.5	2.4		1.7	2.2	
0: 1: 1	3.3	3.2		7.3	4.3	
No. of lesions	1.6 ± 0.8	1.7 ± 0.7	0.36	1.8 ± 0.9	1.8 ± 0.9	0.81

\* Reported by independent physicians in sites

# Preliminary Results in Intention-to-Treat Principle

## Procedures

	CROSS			PERFECT		
	Kissing (N=121)	No Kissing (N=124)	p	Single (N=177)	Crush (N=186)	p
Radial approach	30.6	31.5	0.88	10.2	9.7	0.88
DES types			0.63			0.87
Cypher	36.4	29.0		63.8	63.4	
Taxus (Liberte)	12.4	16.1		1.1	1.1	
Endeavor	30.6	35.5		7.3	8.1	
Xience, Promus	13.2	14.5		20.9	18.8	
Nobori, Biomatrix	6.6	4.8		4.0	3.2	
Others	0.8	0		2.8	5.4	
Stents per lesion	1.4 ± 0.6	1.4 ± 0.6	0.82	2.0 ± 1.0	2.7 ± 1.0	<0.001
IVUS in MB	93.4	96.0	0.37	94.9	95.7	0.72
IVUS in SB	48.8	34.7	0.025	81.4	91.9	0.003

# Preliminary Results in Intention-to-Treat Principle Procedures

	CROSS			PERFECT		
	Kissing (N=121)	No Kissing (N=124)	p	Single (N=177)	Crush (N=186)	p
Stents in MB	100	100		100	100	
No.	1.3 ± 0.5	1.3 ± 0.5	0.91	1.4 ± 0.6	1.4 ± 0.5	0.89
Length, mm	33.0 ± 13.3	32.8 ± 13.1	0.86	37.6 ± 15.6	37.5 ± 14.3	0.97
Size, mm	3.5 ± 2.4	3.3 ± 0.3	0.28	3.3 ± 0.3	3.3 ± 0.3	0.36
Stents in SB	3.3	0.8	0.21	28.8	97.8	<0.001
No.	-	-	-	0.3 ± 0.5	1.0 ± 0.2	<0.001
Length, mm	-	-	-	21.7 ± 7.0	21.7 ± 7.1	0.99
Size, mm	-	-	-	2.7 ± 0.2	2.8 ± 1.7	0.55
Strategy			0.49			<0.001
Provisional T	99.2	100		95.5	11.3	
Crush	0	0		4.0	88.2	
Final kissing	96.7	5.6	<0.001	79.7	95.7	<0.001
FFR after proc.	42.1	50.0	0.22			
< 0.8	5.9	24.2	0.008			

# Comparison with other studies

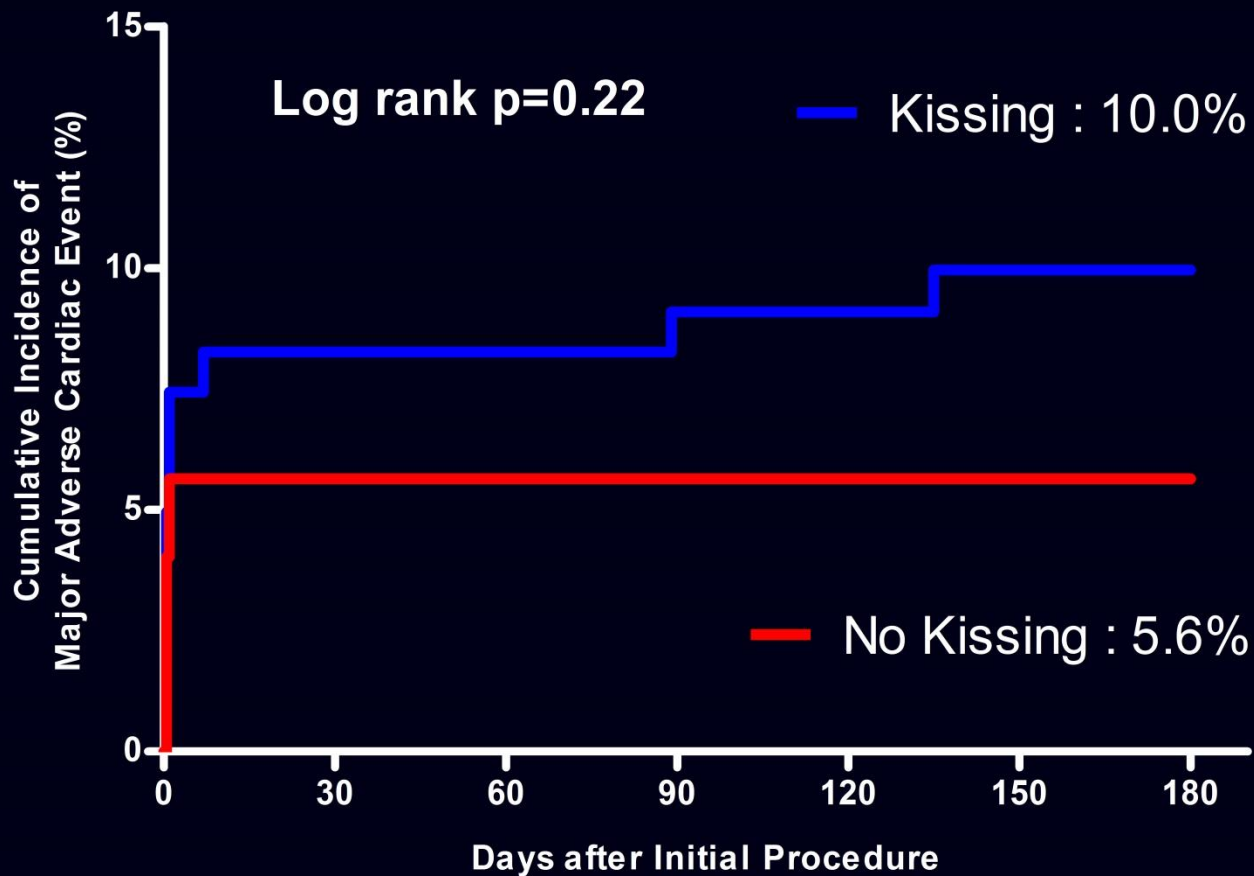
	Nordic I		Nordic II		CACTUS		BBC-one		CROSS		PERFECT	
	1-stent	Cru,culo, T	crush	culotte	1-stent	Crush	1-stent	crus, culo	Kiss	No kiss	1-stent	crush
Age, yr	63	62	65	65	67	65	64	67	61	61	61	61
Male, %	77	79	71	72	76	80	77	77	70	65	73	75
DM, %	13	12	13	15	22	24	13	11	31	31	25	26
MVD	-	-	-	-	-	-	31	27	39	48	47	49
Prior MI	-	-	-	-	35	45	23	25	2	5	5	4
Medina 1.1.1	-	-	-	-	-	-	60	60	20	14	85	93
FKB, %	<b>32</b>	<b>74</b>	<b>85</b>	<b>92</b>	90	92	29	76	97	6	<b>80</b>	<b>96</b>
SB stent, %	<b>4.3</b>	<b>95.1</b>	99.0	97.7	31	-	-	-	3.3	0.8	<b>28.8</b>	<b>97.8</b>
No. stent	<b>1.3</b>	<b>2.2</b>	-	-	-	-	-	-	1.4	1.4	<b>2.0</b>	<b>2.7</b>

# Non-adjudicated Results in Intention-to-Treat Principle at 6 months

## No Significant Difference

	CROSS			PERFECT		
	Kissing (N=121)	No Kissing (N=124)	p	Single (N=177)	Crush (N=186)	p
Months	175.0 ± 22.4	177.6 ± 13.3	0.27	179.3 ± 7.2	177.5 ± 15.9	0.15
Death	0.8	0	0.31	0.6	1.1	0.59
Cardiac	0.8	0	0.31	0.6	0.5	0.98
Non-cardiac	0	0		0	0	
MI	8.3	5.6	0.42	11.9	12.4	0.9
Q MI	0	0.8	0.32	0	0	
Non-Q MI	8.3	4.8	0.28	11.9	11.8	0.98
Any revascularize	1.7	0.8	0.54	2.3	0.6	0.16
TVR	0.9	0	0.31	1.7	0	0.076
TLR	0.9	0	0.31	1.7	0	0.076
Stent thrombosis	0	0		0.6	1.1	0.59

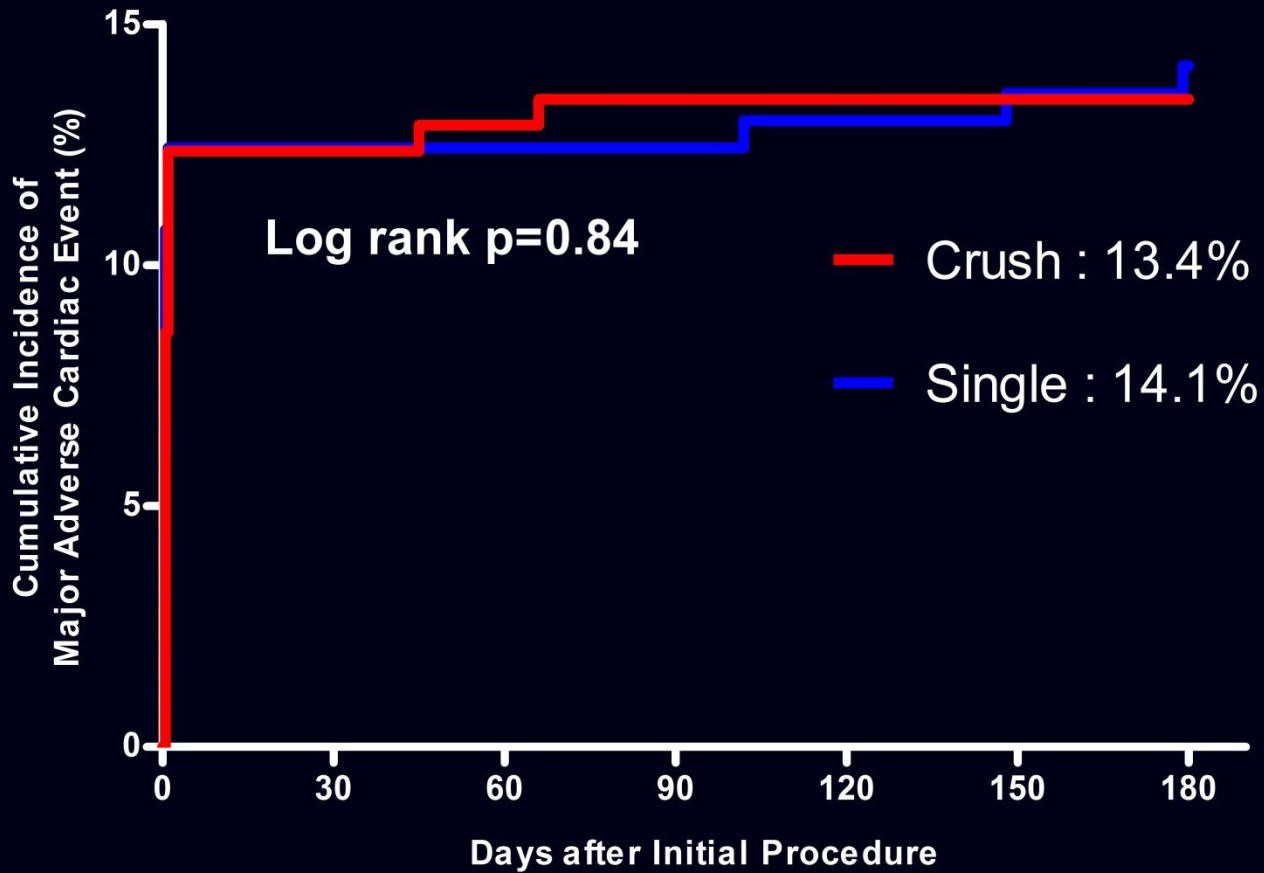
# MACE at 6 months: CROSS



No. at risk

Kissing	121	112	108	103
No Kissing	124	119	117	113

# MACE at 6 months: PERFECT



No, at risk

Single	177	158	154	151
Crush	186	162	161	158

# Conclusion

- Patients with SB stenosis enrolled in PERFECT trial had more extensive CAD than those without SB stenosis enrolled in CROSS trial.
- IVUS-guided bifurcation stenting leads to excellent initial and long-term outcomes.
- In patients without SB stenosis, functional SB jail after MB stenting does not occur frequently.
- In contrast, in patients with SB stenosis, functional SB jail after MB stenting is not uncommon.
- Long-term outcomes of all patients adjudicated by independent CEC will be available in 2013.
- The CROSS and PERFECT trials will provide insight into the mechanism of initial and long-term SB compromise with anatomical and functional evaluations.